

# The Sub-10 lb Ultralight Gear Checklist

Your **base weight** is everything you carry except food, water & fuel. Hit the targets below and you'll comfortably land under 10 pounds. Print it, pack to it, weigh as you go.

## The Big Three ~6 LB TOTAL

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- Shelter** — tent / tarp · < 2 lb
- Sleep system** — bag/quilt + pad · < 2 lb
- Backpack** · < 2 lb

## Kitchen & Water

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- Stove + pot
- Lighter + backup
- Spork
- Water filter (~3 oz)
- Bottles / reservoir

## Clothing PACKED ONLY

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- Insulated puffy
- Rain jacket
- Base layer top + bottom
- Spare socks
- Hat + gloves + buff

## The Ten Essentials

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- Headlamp
- First-aid kit
- Navigation (map / GPS)
- Knife / multitool
- Fire starter
- Sun protection
- Emergency bivy / blanket
- Repair kit (tape, cord)
- Trowel + TP
- Whistle

## Worn / Carried NOT COUNTED

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- Trail runners
- Trekking poles
- Hiking clothes
- Sun hat + sunglasses

### Base weight targets

Beginner < 20 lb · Lightweight < 15 lb  
**Ultralight < 10 lb** · Super-UL < 5 lb